

We are located in downtown Sacramento, on H Street between 12th & 13th Streets. If you are familiar with our area, it may be helpful to know we are in the general area of the State Capital, The Downtown Plaza, Old Sacramento, and the Sacramento Convention Center.

FROM I-80 WESTBOUND (Roseville, Rocklin, etc.):

- Travel westbound on I-80
- Merge onto westbound on Business 80/ Capital City Freeway
- After the Arden Way exit, stay in the right hand lanes to travel onto Highway 160. Highway 160 becomes 12th Street.*
- Turn left on H Street
- Elliott Benson is on the right hand side, at 1226 H Street, on the 12th block of H Street

FROM I-80 EASTBOUND (West Sacramento, Davis, Vacaville, San Francisco Bay Area, etc.):

- Travel eastbound on Interstate 80
- After crossing Yolo Causeway, stay in left-hand lanes to travel on Highway 50 towards South Lake Tahoe
- Take the I-5 North exit towards Downtown Sacramento/ Redding.
- Exit J Street toward Downtown Sacramento
- Turn slight right onto J Street
- Turn left onto 5th Street
- Turn right onto H Street
- Elliott Benson is on the right hand side, at 1226 H Street, on the 12th block of H Street

FROM HWY 50 WESTBOUND (Folsom, El Dorado Hills, etc.):

- Travel westbound on Highway 50
- Exit at 16th Street
- Continue on 16th Street and turn left on G Street
- Turn left on 12th Street
- Turn left on H Street
- Elliott Benson is on the right hand side, at 1226 H Street, on the 12th block of H Street

PARKING: Metered parking is available on the street, and is free after 6:00 PM. All-Day Parking is available in the Sacramento City lot located just one block from our office. We can provide a voucher to help cover the cost of this study. The lot is on the corner of 14th and H Street, next to Brew It Up Brewery. For more rates and more information, please visit: <http://www.sacramenities.com/parking/rates.htm> - Memorial

Please call our administrative office with any questions or concerns at (916) 325-1670.

FROM I-5 NORTHBOUND (South Sac, Elk Grove, Stockton, etc.):

- Travel northbound on I-5
- Exit J Street toward Downtown Sacramento
- Turn slight right onto J Street
- Turn left onto 5th Street
- Turn right onto H Street
- Elliott Benson is on the right hand side, at 1226 H Street, on the 12th block of H Street

FROM I-5 SOUTHBOUND (Natomas, Marysville, Redding, etc.):

- Travel southbound on I-5
- Exit J Street toward Downtown Sacramento
- Stay straight on J Street
- Turn left onto 5th Street
- Turn right onto H Street
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